



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023

Dear Parents and Guardians:

Your son or daughter is interested in becoming a member of the Elite Springfield Middle School Sideline and Competitive Cheerleading Team. If selected there are specific responsibilities and obligations, which he or she must assume in order to qualify and remain part of the squad.

The Cheerleader Candidate has received a tryout packet, which includes information regarding tryouts and the tryout process. Please read all information to ensure that you and your child are both aware of the expectations and requirements involved with being a member of this team. All procedures will be followed with no exceptions.

On the following pages, you will find the Cheerleader Tryout Qualifications and Requirements, Cheerleader Expectations, Projected Expense List, Important Upcoming Dates, Tryout Timetable, Expectations on Tryout Day, and the necessary forms to be completed and returned. Please be aware of due dates and paper work that needs to be turned in. If the information is late or if the candidate fails to turn in any required paperwork, the candidate will be disqualified for Cheerleader tryouts or the team.

Being a cheerleader is a full year commitment and requires an extreme amount of dedication from not only the cheerleader, but the family as well. If you and your child both feel the obligations and responsibilities can be met, please allow your child to participate in the tryout process.

Cheerleaders are student athletes. Academics come first! Cheerleaders must maintain at least a 2.0 GPA at all times to be eligible. I encourage the cheerleaders to maintain and pass all classes with a "C" or better.

As I have stated before, Cheerleading is a year-long commitment to a TEAM, the TEAM depends on you and cannot fully function without one of its members present. With that being said, cheerleaders are not able to participate in volleyball, soccer, or basketball. However, they are able to participate in spring sports such as; track, swimming, and softball.

Cheerleading is an opportunity for social and leadership development. It provides a chance for you to be more involved in your school and community.

A SMS cheerleader is courteous and polite. Rudeness and disrespect will not be tolerated. You must be able to follow orders and work together with your teammates without discussion or argument. The only attitude you can control is your own! Make sure it reflects who you ARE and who you WANT TO BE! Be a positive role model on and off the team. Your actions reflect yourself, your school, your team, your parents and your coach.

I look forward to a successful year. If you have any questions or concerns, I can be reached at 904-630-6600 or you can email me at reidd@duvalschools.org or dawnmoore1975@gmail.com (best).

Thank you for your assistance and cooperation,

Dawn Moore, SMS Head Cheer Coach



Placement

There may be athletes on the team that cheer/stunt/tumble at a different level than the rest of their teammates. We will work with each athlete by level as best we can, but please remember that stunting, pyramids, jumps, dance, motions, and age are huge factors as well. Some athletes will be stronger than others. Some will contribute more with stunts than others. We chose our team based on the positions that we need to fill (Bases, flyers, tumblers, etc.) Every athlete is on the team for a reason — all final decisions will be made by the coaching staff, please trust the coaching staff.

Process

The try out process is formatted in a way to ensure that the athletes perform at their very best! The athletes will have to demonstrate jumps, stunts, tumbling skills and choreography. They will also meet the staff and form new friendships with their cheer family. We evaluate the athletes in groups and encourage each person to do their best!! After tryouts, the team will be picked based on their score from the Head Coach as to which girls will be selected for the sideline/competition team. Many key elements factor into the decision, I have many years of cheerleading experience and know what it takes to be a great cheerleader and to have a great and skilled team. **The Coach's decision is final.**

Tryout Check List

We look forward to working with you at our upcoming evaluations.

Be sure to bring with you or email the items below:

- **EL2 Athletic Physical** (needed for all cheer clinics)
- **SMS Cheer Packet** due before tryouts
- **A copy of your report card** (1st-3rd 9 weeks)
- **SMS Athletic Packet** To be completed online via Planet HS (by August once you have made the team)
- **Magnet Acceptance Letter** (students new to SMS)

You will NOT be able to tryout if I do not have a EL2 physical and the cheer packet.

IMPORTANT: Please be sure to double-check all of your information. Contact information needs to be legible and written in blue or black ink. All paperwork and monies (returning) are due the first day of tryouts.

Initial_____



CHEERLEADER TRYOUT QUALIFICATIONS/REQUIREMENTS



The squad will consist of students in grades 6th-8th. Attending Springfield Middle School or students from a magnet school or online school where Springfield is their home school.



All forms must be turned in to the Cheer Coach before the deadline in order to tryout.



Candidates will not be allowed to tryout if everything is not completed and turned in by the designated dates.



Cheerleaders will be selected by impartial and qualified judges as well as the Cheer coach(es).



To be eligible to tryout, each candidate must be enrolled in Springfield Middle School. If the candidate is not currently enrolled in the KSMS, but has received an acceptance letter from the **magnet office** for the upcoming school year, the candidate may tryout and will follow the same tryout requirements.



The candidate must pass all subjects in order to participate in the tryout clinic and judging process. If the candidate failed one or more course(s), he or she may try out for cheer, if they are passing at the 3-week mark.



The candidate must turn in a copy of their latest report card to the cheer coach (1st-3rd 9weeks). All forms must be turned in on time. Failure to turn in any form will result in being disqualified.



The candidate must attend all days of the tryout clinic. The candidates will be judged on: motion technique, jump technique and height, showmanship, voice projection, memory, tumbling, and overall appeal.



Cheerleaders are held to the highest standards of leadership, character, and cooperation as they are the leaders of our school spirit and sportsmanship. Therefore, any candidate not receiving a passing recommendation from their teacher evaluations will NOT be eligible to tryout.



Only the candidates who receive the highest score will be selected to the squad. There is not a minimum number of candidates selected to the squad; but the maximum number is 20.

The candidate's score will consist of: • Judges' Scores & • Coach's Discretion

Initial _____



CHEERLEADER EXPECTATIONS

All duties and responsibilities as a squad member begin upon selection and do not end until the next tryout date.

All squad members will be required to:

1. Attend all assigned practices and performances.
2. Attend all summer practices and camp (You must attend camp to cheer at both football & basketball games.....which means....camp + football & basketball=competition team eligibility).
3. Attend all pep rallies.
4. Attend all assigned holiday and post season games and tournaments.
5. Attend and actively participate in all assigned promotional activities (fundraisers are **MANDATORY** and will not be optional).
6. Attend all assigned community functions.
7. Prepare and participate in all decorating projects.
8. Attend any other assigned activity, such as competition.
9. Meet **ALL** financial obligations by **established deadlines**.
10. Uphold all the articles contained within the SMS Cheerleading Handbook and Demerit policy.

Initial _____



CHEERLEADER SOCIAL MEDIA EXPECTATIONS

Cheerleaders are representatives of their school and community. Each campus requires cheerleaders to exercise good judgment in their use of social media websites, and to conduct these activities in a responsible and respectful manner.

It is impermissible for a cheerleader to post information, photos, or other representations of sexual content, inappropriate behavior (e.g., drug or alcohol use), inappropriate language, or items that could be interpreted as demeaning or inflammatory.

It is not permissible to comment on injuries, any decision made by the coach, or team matters that could reasonably be expected to be confidential to team members.

Cheerleaders are required to follow all respective social media website rules.

Best Practices and Reminders

Think twice before you post. If you would not want your coach, parents, or future employer to see your post, don't post it. Once it is posted, it is permanent.

Be respectful and positive. Never post anything negative about a coach or fellow team members.

Remember, many different audiences view your posts including fans, alumni, kids, local authorities, parents, faculty, etc.

The internet is permanent. Even if you delete something, it is still out there somewhere. Be in the right state of mind when you make a post. The public will see your social media websites. Potential employers often use these social media websites to screen candidates. Use the privacy/security settings made available on these sites.

Violation of the Cheerleader Social Media Policy may result in disciplinary action – including temporary or permanent suspension from the team – as determined by coach, principal, spirit coordinator and/or athletic director.

As representatives of our school and programs you are held to a higher standard.

Represent your campus with pride and class!!

Parent Signature: _____ Date: _____

Cheerleader Signature: _____ Date: _____



**SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023
PROJECTED CHEERLEADER EXPENSE LIST**

Listed below is an itemized list of expenses, this will give you an idea of what to expect in terms of financial obligations. This list is not inclusive and must be realized by all members and parents/guardians that additions must be made from time to time. Great care is taken by the coach to keep costs as low as possible.

Fundraising will be done to help offset some of the costs. Fundraising is limited for each organization, so not all costs will be covered. Each member is responsible for all costs that are not met through fundraising. **All items need to be paid in full before any item can be ordered!**

You will be able to make payments online via "School Cash Online" from our school's website.

ITEM	PRICE	DUE DATE	Returning/New
Competition Fees: Varies Wildcat Scratch--Baker County Competition Warrior Warmup--West Nassau Competition UCA Regionals--Tampa Atlantic Coast Competition--Jacksonville East Coast Championships--Fl. Kickoff--Daytona The State Cheer Championships--Daytona East Coast Championships--Jacksonville UCA NATIONALS 2022--Orlando The American Open Nationals--Orlando	See attached	Competition fees will be included in the payment schedule *UCA Regional/National & The Amer. Open National* will require rooming FUNDRAISING/SPONSORS will be crucial!!!!!!!!!!	All
Choreography & Music Traditional Competition Game Day Competition	See attached	See attached	All
UCA Cheer Camp (Radisson Resort in Port Canaveral) Stunt Camp (Coach Tina) Stunt Camp (Davis All-star Gym) Stunt Camp (UNF Cheer Team)	See attached	See attached See attached	All All
Uniform – includes competition shell, skirt, warm-up	See attached	See attached	All
Camp wear: 5 shirts, 4 bottoms	See attached	See attached	All
Accessories package: back pack, shoes, nike pros, socks, bows, etc	See attached	See attached	New/Returning (as needed)

***Returning girls WILL NOT be allowed to try-out unless they have a \$0 balance at the end of the season....NO EXCEPTIONS!**

In order to ensure a successful year, we must ensure that **all of our debt is cleared prior to the start of competition season.** I, _____, understand and agree to abide by the Financial Responsibility Statement listed above if selected as a cheerleader for the 2022-2023 school year. I/we understand that failure to meet the above Financial responsibility on OR before the specified due dates constitutes immediate removal from the team and no refunds will be given.

Student Signature _____ Date _____

Parent Signature _____ Date _____



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023

Cheer Expenses Break-down

Listed below is an **SAMPLE** of the itemized list of expenses, this will give you an idea of what to expect in terms of financial obligations. Cheerleading is one of the most expensive sports and great consideration is taken by the coach to keep costs as low as possible. You can pay by using the "School Cash Online" feature on Springfield's webpage (*there is a \$2.50 charge), money order, "good checks," or cash.

SMS CHEERLEADER FEES 2022-2023		
CHEERLEADER-COMPETITIVE		
ITEM	NEW	RET
VARSITY UNIFORM PACKAGE: INCLUDES (Game & Comp Uniformbodyliner and pleated skirt)	\$125.00	\$125.00
VARSITY WARM-UP (Jacket & Pants)	\$180.00	\$180.00
CAMP WEAR PACKAGE: INCLUDES (4 shorts, 2 shirts, 2 tanks)	\$218.00	\$218.00
NFINITY PACKAGE (SHOES, socks, Nike Pro shorts, back pack) **\$100 Shoes/Nike Pros ONLY** for Returners	\$175.00	\$105.00
JERSEY	\$50.00	\$50.00
UCA OVERNIGHT CAMP (Radisson Resort in Cape Canaveral)	\$450.00	\$450.00
STUNT CAMP (Davis Gym)	\$30.00	\$30.00
UNF Stunt Clinic	\$35.00	\$35.00
Stunt Clinic (Coach Tina)	\$10.00	\$10.00
CHOREOGRAPHY/MUSIC	\$165.00	\$165.00
BOWS PACKAGE (Competition)	\$25.00	\$25.00
	\$1,463.00	\$1,393.00
COMPETITIONS AND FEES 2020-2021		
WARRIOR WARM-UP (Jax., Fl. WNHS NOV. 2022)--TRAD/Game day	\$20.00	
Wildcat Scratch (Jax., Fl. BCHS Nov. 2022)--TRAD/Game day	\$20.00	
UCA Regionals (Tampa, Fl DEC. 2022)-Virtual--TRAD/Game day	\$90.00	
East Coast Championships-The Florida kickoff (Daytona, Fl. Dec. 2022)--Trad.	\$60.00	
AMERICAN CHAMPIONSHIP COMP FEE (Daytona, Fl. JAN. 2023)--TRAD/Game day	\$180.00	
East Coast Championships-North Florida Champioship (Jax., Fl. BCHS Feb. 2023)-Trad.	\$60.00	
UCA NATIONALS (Orl, Fl. Feb 10-12, 2023)	\$408.00	
The American Open NATIONALS (Orl, Fl. Mar 5, 2023)	\$95.00	
Competition Fee Total	\$933.00	
SEASON TOTAL	\$2,396.00	\$2,326.00

Fundraisers will be provided to help aid you with some of these expenses

Keep in mind that travel & hotel expenses ARE NOT INCLUDED in the prices above. I will try to find the best deals when we have to travel outside of the city.

Parent Signature_____

Date_____



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023

2022-2023 KSMS CHEER EXPENSES

PAYMENT #1

DUE BY **May 12th**

- Camp/Stunt clinics deposit

NEW \$300

RETURNER \$300

PAYMENT #2

DUE BY **June 1st**

- Remainder Camp fee/Stunt clinics

NEW \$200

RETURNER \$200

PAYMENT #3

DUE BY **June 20th**

- Varsity pkg
- Nfinity pkg
- Camp wear

NEW \$200

RETURNER \$200

PAYMENT #4

DUE BY **July 26th**

- Varsity pkg
- Nfinity Pkg
- Camp Wear

NEW \$300

RETURNER \$300

PAYMENT #5

DUE BY **August 18th**

- Varsity pkg
- Choreography/music
- Warm-up/jersey/Bows etc.

NEW \$300

RETURNER \$300

PAYMENT #6

DUE BY **September 15th**

- Choreography/Music
- Varsity pkg
- Warm-up/jersey/Bows etc.
-
- COMPETITION FEES

NEW \$350

PAYMENT #7

DUE BY **October 20th**

- Choreography/Music
- COMPETITION FEES

NEW \$230

RETURNER \$230

PAYMENT #8

DUE BY **November 17th**

- Choreography/Music
- COMPETITION FEES

NEW \$220

RETURNER \$220

PAYMENT #9

DUE BY **December 8th**

- COMPETITION FEES

NEW \$200

RETURNER \$170

PAYMENT #10

DUE BY **January 12th**

- COMPETITION FEES

LAST PAYMENT

NEW \$200

RETURNER \$160

These dates are time sensitive.....if your Cheerleader's account is not current he/she **WILL NOT** receive their items (Meaning I will NOT order them in good faith). The prices that you receive are based on a group order or an "early bird discount" if you are late then you will pay the late fees accrued.

Cheerleaders that ordered additional or extra items will see that reflected on their individual account sheet.

Fundraising & Sponsors are crucial for our organization.



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023
Application for Cheerleader Squad Selection Process

Name of Applicant: _____ Grade level 2022-23: 6 7 8

Date of Birth (ex. 10/19/2002): _____

Student ID Number: _____ Cheerleader E-mail Address: _____

Cheerleader cell phone # () _____

Do you have social media accounts? Y ___ N ___

YouTube: _____ SnapChat _____ Facebook: _____

Twitter: _____ Instagram: _____ TikTok: _____

Name of Parent/Guardian: _____ Cell Phone () _____ - _____

E-mail address: _____

Name of Parent/Guardian: _____ Cell Phone () _____ - _____

E-mail address: _____

Emergency Contact Name: _____ Telephone # () _____ - _____

Emergency Contact Name: _____ Telephone # () _____ - _____

Allergies: _____

Physician: _____ Phone () _____ - _____

Hospital Preference: _____

Insurance Carrier: _____ Policy# _____

Have you ever cheered before? Y N Where? _____

Reason why you want to be a Comet Cheerleader (What are your assets to the team)

If your son/daughter makes the team both of you will be required to download the "TeamReach" App, this is how I communicate information to both the cheerleaders and the parents. There is a separate group for the cheerleaders and one for the parents.



CHEERLEADER CANDIDATE/ PARENT AGREEMENT

I _____, give permission for my child _____

(Parent)

(Cheer Applicant)

to participate in the cheer try-out process for the Springfield Middle School Cheerleading team for the 2022-2023 school year. We have read the tryout Information concerning the SMS Cheerleading organization and the tryout procedures. We are satisfied with the high standards set forth to govern this organization. We understand that it is a privilege and not a right to be selected as a member of this group. We also understand that not everyone can be or will be chosen to be a part of this elite group. We further understand the tryout procedures and how cheerleaders are selected. We agree to abide by the decision of the judges and the Cheer Coach and know that all decisions are final. We are both understand the commitment needed to a part of this TEAM and we will abide by the rules set forth. We also understand that payments are nonrefundable should I choose to abandon any of the obligations set forth.

Cheerleader Candidate Signature: _____ Date: _____

Parent/guardian Signature: _____ Date: _____



CHEERLEADER TRYOUT TIMETABLE 2022-2023

February 28, 2022 (CHEER INTEREST FORM & Application; are available on Instagram @springfield_middle_cheer, in Coach Moore's office, and on the school's website)

Please completely fill out the SMS Cheerleading interest form located on our Cheer Team Instagram page. This information will be used to send out information and links important for try-outs.

2022-23 KSMS Cheerleading Tryout Packet can be downloaded and/or printed via the school's website (go to athletics...click on the cheerleading tab). The SMS Athletic Packets are also on the website and they can be found on [PlanetHS](#) please print and complete all forms (see the 1st page of this packet for required documents and upload all documents).

March 24, 2022 Mandatory Informational meeting

We will have a MANDATORY meeting for all potential cheerleader applicants and their parent/guardian. The meeting will start at 5:45 PM in the Gym. There must be a parent/guardian at the meeting with the candidate.

April 26th & 28th, May 2nd, 3rd, 5th 2022 CHEER FUNDAMENTALS CLINIC(Not **Mandatory** but highly recommended and beneficial for both new, returning, or anyone trying out for SMS or high school teams. The clinics provides an opportunity to learn new skills or to refresh skills and techniques that will not be taught during try-outs). We will focus on basic UCA style cheer skills and techniques.

Skills Clinic: Time: 3:30pm – 5:30pm

Try-outs: May 9th-12th Thursday, May 12th (the Final evaluation day)

- Potential applicants will be assessed each day of the clinics based on their drive, attitude, skill, and commitment.
- Official Cheerleading tryouts: check your appointment start time (the will begin @6:00)
- Candidates are expected to be present and ready to perform at their assigned time. DO NOT miss your time slot.
- Students may stay after school with Coach Moore to practice on material before the try-out process begins.
- ATTIRE for try-outs: Plain black shorts/Plain white t-shirt/athletic or cheer shoes/Cheer bow

Initial _____



WHAT TO EXPECT ON THE DAY OF TRYOUTS – May 12, 2022

1. Plain white t-shirt (there must be no designs or writing on the shirt), Plain black shorts (these can be purchased at any athletic store. No skirts or skorts), White socks, White athletic/cheer shoes, Wear hair in a ponytail, French braid, bun, pigtails, etc...just make sure no strands will fall onto your face (If your hair is too short for a ponytail, then make sure it is all pulled away from your face...or you can do a half-up style).
2. Each candidate will be known as an identification number, which will be worn during the tryout process. Each candidate will tryout in a group of 3 or 4, in front of the judges. The candidate's jumps, cheer, and tumbling pass will be performed individually. The dance, cheer, and chant will be performed as a group. If the judge(s) deem necessary, any part of the tryout material may be performed twice.
3. Each candidate's cheerleading ability will be judged by highly qualified judges and the Cheer Coaches.
4. Tryouts are **CLOSED** to the public **NO EXCEPTIONS!**
5. Candidates that meet the cut off score will be selected to the SMS Cheerleading Squad. After the results are finalized, each candidate will be called back into the gym and given an envelope containing a letter stating whether or not the candidate has made the cheerleading squad for the 2022-2023 school year.
6. If the candidate has made the 2021-2022 cheerleading squad, they will be asked to turn in their **initial deposit of \$300.00 is due May 12th**, immediately following try-outs, if your child makes the team, failure to do so may result in the candidate losing their spot on the team.

Initial _____



Coaches Practice/Game/Performance Rules

Practice

- You must have on the appropriate or correct practice attire
 - Failure to do so will result in additional conditioning
- Nails must be kept short and neat (no one likes to get scratched)
- Hair must be pulled back out of your face with a cheer bow
- NO jewelry
- Bring a refillable water bottle
- 3 unexcused absences=sitting a game

Game Day

- You must have on the uniform in its entirety
 - Failure to do so will result in additional conditioning
- Nails must be kept short and neat (no one likes to get scratched)
 - School color/neutral nail polish ONLY
- Hair must be pulled back out of your face with the Game Day cheer bow
- NO jewelry
- Bring a refillable water bottle/gatorade
- 1 unexcused absence=sitting a game

Competition

- You must have on the uniform in its entirety
 - Failure to do so will result in additional conditioning
- Nails must be kept short and neat (no one likes to get scratched)
 - Neutral color nail polish ONLY
- Hair must be pulled back out of your face with the Competition Day cheer bow
- NO jewelry
- Bring a refillable water bottle/gatorade

I hereby agree to all rules and regulations set for the team by SMS

Initial _____



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023 DEMERITS POLICY TRACKING FORM

ATTENDANCE		
A1. failing to be on time	1	
A2. failing to give prior notification to coach for an absence	1	
A3. an unexcused absence from a regular practice (includes summer)	2	
A4. each unexcused absence from a game	2	
A5. each unexcused absence from a competition (10) or pep rally practice (2)	10/2	
PERFORMANCE		
PE1. failing to pay attention to what the squad or team is doing	1	
PE2. failing to be cooperative with teammate leading cheers and other members of the squad	1	
PE3. failing to learn stunts, cheers, pyramids, chants, or dances	1	
PE4. failing to have hair and make-up neat upon arrival for pep rallies and games	1	
PRACTICE		
PR1. failing to complete all parts of workout 1	1	
PR2. failing to be in designated area during cheer practice 1	1	
PR3. leaving without the coach's permission (possible dismissal from the team)	3	
UNIFORM		
U1. failing to wear assigned uniform or practice clothes, such as the correct shirt	1	
U2. losing or leaving clothing during practices or other cheer activities	1	
U3. allowing non-cheerleaders to wear uniforms/spirit wear	1	
U4. failing to bring jacket and wind pants, etc. to required activity	2	
U5. failing to wear appropriate undergarments with uniform (undergarments should NOT show)	1	
GENERAL RESPONSIBILITIES		
G1. failing to complete an assigned responsibility (includes staying for the entire activity as designated by the sponsor)	1	
G2. failing to promote any fundraiser	1	
G3. failing to participate in rolling out / up the mats	1	
G4. all jewelry is prohibited during participation (safety)	1	
G5. failing to wear brace or wrap when doctor deems necessary	2	
G6. nails should be no longer than the end of the fingertip	1	
CONDUCT: (These demerits may NOT be removed (through merits))		
C1. ungracious acceptance of a demerit	1	
C2. unacceptable conduct or dangerous conduct	2	
C3. unsportsmanlike conduct	3	
C4. omission of reporting a misdemeanor or felony disciplinary action by local authority to your coach	3	
C5. missing more than 4 days of summer/competition practice	3	
C6. being assigned ISS or off-campus suspension	3	
C7. wearing cheerleading uniform without approval	2	
C8. any violation of the Student Code of Conduct	2	
C9. showing disrespect/disobedience to coach, fellow cheerleaders, teachers, or administrators	3	
C10. failing a 9 week grading period in ANY course(s)	2	
MERITS EARNED		
ACTIVITY	PTS	PTS
Community service activity	1	
Volunteer to help at a sporting event	1	
Helping a teacher/staff member at the school	1	
Making extra game posters/assisting the Coach	1	
OTHER:::Volunteer activity with coach approval	1	



SPRINGFIELD MIDDLE SCHOOL CHEER 2022-2023